



## Coaches/Volunteers code of conduct 1

Please ensure that you have read and fully understand this document before signing and returning the final page to: [yoroidojclub@gmail.com](mailto:yoroidojclub@gmail.com)

- Coaches / Volunteers in judo should strive to create a positive environment for the children in their care. They have an overall responsibility to take the necessary steps to ensure that positive and healthy experiences are provided.
- All Coaches should have as their first priority the children's safety and enjoyment of judo and should adhere to the guidelines and regulations set out in the Yoroi Dojo`s Safeguarding Policy and any specific guidelines in the Yoroi Dojo`s Codes of Conduct.
- Coaches/Volunteers must respect the rights, dignity and worth of every child and must treat everyone equally, regardless of sex, ethnic origin, religion, or ability.
- Coaches working with young people in judo should be suitable and appropriately qualified. Coaches will be expected to go through appropriate recruitment and selection procedures, (see application and reference forms), that apply to all persons with substantial or regular access to young people, whether paid or unpaid. References should be followed up.
- There will be a 'sign-up' procedure, whereby the appointed/reappointed leaders agree to abide by the Yoroi Dojo`s Codes of Conduct (see below).
- Coaches will be given a copy of the current IJA Safeguarding Statement & Policy, and they should be made aware of the procedures contained within it.
- Coaches and volunteers involved in young people's judo have a great opportunity to be a positive role model and help build an individual's confidence.
- Coaches who become aware of a conflict between their obligation to their judoka and their obligation to their governing body must make explicit the nature of the conflict and the loyalties and responsibilities involved, to all parties concerned.
- All coaches & volunteers are encouraged to demonstrate exemplary behaviour to protect children in their care and themselves from false allegations. The following are common sense examples of how to create a positive culture and climate within judo.



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Coaches/volunteers are expected to:

- Ensure the safety of all children by careful supervision, proper pre- planning of coaching sessions, using safe methods always.
- Treat all young people equally and ensure they feel valued. Have no favourites. It is tempting to only give praise and attention to a young judoka who may appear to be developing quickly or showing talent. It is wrong to do this as it may undermine other judoka and make them feel inferior.
- **Avoid working alone and ensure there is adequate supervision for all activities. It is important to realise that certain situations or friendly actions could be misinterpreted by the participant or by outsiders.**
- Be careful to avoid the “star system” each child deserves equal time and attention.
- Ensure that proper judogi & protective equipment are worn and used as required.
- Encourage all children not to discriminate on the grounds of religious beliefs, race, gender, social classes, or lack of ability.
- Communicate and co-operate with medical and ancillary practitioners in the diagnosis, treatment, and management of their judoka’s medical or related problems.
- Avoid giving advice of a personal or medical nature if you are not qualified to do so. Any information of a personal or medical nature must be kept strictly confidential unless the welfare of the child requires the passing on of this information.
- Not allow any rough or dangerous play, bullying, or the use of bad language or inappropriate behaviour.
- Appreciate the efforts of all young people and not over-train the young person. Recognise the developmental needs and capacity of children and young people by avoiding excessive training or competition and not forcing them to compete against their will.
- Be positive, approachable and offer praise to always promote the objectives of the IJA and their club.
- Not let any allegations of abuse of any kind to go unchallenged or unrecorded if appropriate. Incidents and accidents to be recorded in the club incident/accident book. Parents must be informed.
- Report accidents or incidents of alleged abuse to the Designated Person.



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- Have access to telephone for immediate contact to emergency services if required.
- Ensure the rights and responsibilities of youth members are enforced.
- Report suspected abuse to the appropriate designated officer.
- Not abuse members physically, emotionally, or sexually
- Maintain confidentiality about sensitive information. The nature of the relationship between coach and a judoka can often mean that a coach will learn confidential information about a judoka or their family. This information must be regarded as confidential and except where abuse is suspected, must not be divulged to a third party without the express permission of the judoka/family.
- Respect and listen to the opinions of young people.
- Take time to explain coaching techniques to ensure they are clearly understood.
- Be a role model (disciplined / committed / time keeping), remember children learn by example.
- Ensure that those who approach the scales to enter a competition shall be fit to compete at a particular weight (refer to IJA Tournament Handbook)
- Ensure the judoka does not place themselves at risk by restricting their food (the energy source) and/or restriction of fluids which leads them being weakened.
- Ensure a judoka remains hydrated. Dehydration, a condition caused by too low a fluid intake can cause serious side-effects, children and young people are most susceptible to dehydration.
- Refrain from smoking, vaping and consumption of alcohol during club activities or coaching sessions.
- Challenge bullying in any form i.e., physical, or emotional (see Anti-Bullying Policy)
- Make judo FUN.
- **Get changed in the appropriate changing room.**



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Coaches/Volunteers have a right to:

- Access ongoing training and information on all aspects of leading / managing activities for youths, particularly on Safeguarding.
- Support in the reporting of suspected abuse.
- Access to professional support services.
- Fair and equitable treatment by the Yoroi Dojo.
- Be protected from abuse by children / youths, other adult members, and parents.
- Not to be left vulnerable when working with children.
- Any misdemeanours and general misbehaviour will be dealt with immediately and reported verbally to the Designated Person. Persistent breach of the code will result in dismissal from Yoroi Dojo and possibly the IJA. Dismissals can be appealed by the coach / volunteer with final decisions taken by the Yoroi Dojo/IJA depending on issue.

### Emergency Action/First Aid

- All coaches, volunteers and members should be prepared with an action plan in the event of an emergency and be aware of First Aid Procedures. This will include:
- Access to First Aiders and equipment.
- Telephone contact details of parent if the participant is a minor.
- Telephone contact to the Emergency Services.

Signature of Coach/Volunteer \_\_\_\_\_

Printed name of Coach/Volunteer \_\_\_\_\_

Date \_\_\_\_\_